

This Keeps You Running – Discipline

Hebrews 12:4-13

3.17.2019

Reframing discipline

**Remember the discipline we experience is rooted in love
(Heb. 12:4-8)**

Therefore, He had to be made like His brethren in all things, so that He might become a merciful and faithful high priest in things pertaining to God, to make propitiation for the sins of the people.
Hebrews 2:17

**Remember the discipline we experience is for our good
(Heb. 12:9-13)**

For they disciplined us for a short time as seemed best to them, but He disciplines us for our good, so that we may share His holiness.
Hebrews 12:10

Yield to the discipline of the Lord

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Have you discovered the value of godly discipline in your life? Take a moment to consider the advantages before you reject the discomfort.

Instruction: When God disciplines you, it is always a teachable moment. His counsel brings understanding, wisdom, and life. How is God instructing you through discipline?

Read: Psalm 32:8-10, Prov. 4:1-4, Prov. 8:32-35, Prov. 6:20-23

Respond: Proverbs 3:5-6

Training: Godly discipline includes training and instruction that enables you to practice a lifestyle of godliness. How is God challenging you as He trains you for holiness and godliness?

Read: Luke 6:40, Hebrews 12:11, 2 Timothy 3:16-17

Respond: Psalm 94:12, Psalm 119:105

Direction: Discipline points you in the direction of God's will and aims you on a straight course of action. How is His discipline providing direction in your life?

Read: Psalm 32:8, Psalm 94:12-13, 2 Corinthians 7:10-11

Respond: Psalm 143:8

Guidance: Through discipline, God leads you with wisdom and sovereignty in the path He has prepared for you. Where is God leading you, and how are you following?

Read: Psalm 23:3-4, Isaiah 48:17-18, Isaiah 30:19-21

Respond: Psalm 139:23-24

Punishment: Discipline has a purpose even when punishment is eminent. God's desire is for you to be fruitful and satisfied in your walk with Him. What is discipline producing in you?

Read: John 15:1-5, Proverbs 3:11-12, Revelation 3:19

Respond: Psalm 61:2